## Claims:

What is claimed:

- A landscape stake system for receiving a landscape edging board, comprising:
   a stake member comprising a tapered lower region for insertion into the ground, an upper
- region having a first channel formed therein for receiving a first portion of the landscape edging board, and an intermediate region extending between the upper and lower regions; and

a hammer cap comprising a first region having a striking surface and a second region having a second channel formed therein for receiving a second portion of the landscape edging board.

- 2. The landscape stake system of claim 1, wherein the intermediate region comprises a center supporting rib.
- 3. The landscape stake system of claim 1, wherein the intermediate region comprises Ibeam construction.
  - 4. The landscape stake system of claim 1, wherein the lower region further comprises lateral fins.
- The landscape stake system of claim 1, wherein the upper region further comprises at least two vertical tabs.

- 6. The landscape stake system of claim 5, wherein the vertical tabs further comprise a plurality of substantially horizontal grooves.
- 7. The landscape stake system of claim 6, wherein the plurality of horizontal grooves are dimensioned to receive the head of a fastener.
  - 8. The landscape stake system of claim 5, wherein the vertical tabs further comprise one or more apertures, each aperture being dimensioned to receive the body of a fastener.
- 10 9. The landscape stake system of claim 1, wherein the intermediate region is tapered.
  - 10. The landscape stake system of claim 1, wherein the width of the first channel at an upper portion of the first channel is smaller than the width at a lower portion of the first channel.

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11. The landscape stake system of claim 1, wherein the first and second channels form an edging board channel when the hammer cap is coupled to the upper end of the stake, wherein the height of the edging board channel is greater than the height of the landscape edging board.

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12. The landscape stake system of claim 1, wherein the width of the first region of the hammer cap is greater than the width of an upper portion of the second region, thereby defining a finger guard.

- 13. The landscape stake system of claim 1, wherein the intermediate and lower region comprise a continuous taper.
- The landscape stake system of claim 1, wherein the hammer cap is configured to receive the upper region of the stake member.
  - 15. The landscape stake system of claim 1, wherein the width of an upper portion of the intermediate region is greater than the width of the upper region.
  - 16. The landscape stake system of claim 15, wherein the hammer cap is configured to receive an upper portion of the intermediate region of the stake member.
  - 17. A stake for receiving a landscape edging board, comprising:
- a lower region configured to be inserted into the ground and including a tapered tip; an upper region;

an intermediate region extending between the upper and lower regions; and
wherein the upper region includes at least two substantially vertical tabs defining a
channel dimensioned to receive a portion of the landscape edging board, wherein a distance
between the vertical tabs at an upper portion of the channel is smaller than a distance between
the vertical tabs at a lower portion of the channel, the vertical tabs further comprising a plurality
of substantially horizontal grooves, each horizontal groove being dimensioned to receive the

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- head of a fastener, and defining one or more apertures, each aperture being dimensioned to receive a fastener.
- 18. The stake of claim 17, wherein the lower region further comprises lateral fins.
- 19. The stake of claim 17, wherein the intermediate region further comprises a tapered region.
- 20. The stake of claim 17, wherein the intermediate region further comprises an I-beam.
- 21. A hammer cap for installing a landscaping stake and a landscape edging board, comprising:
- a lower region including a pair of substantially vertical legs defining a channel being dimensioned to receive a second portion of the landscape edging board and having a pair of slots configured to receive an upper end of the landscaping stake; and an upper region having a substantially horizontal surface.
- 22. The hammer cap of claim 21, wherein the width of the upper region of the hammer cap is greater than the width of an upper portion of the lower region, thereby defining a finger guard.
- 23. The hammer cap of claim 21, wherein the width of the channel at a lower portion is smaller than the width of the channel at an upper portion.

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24. A method of installing a landscaping stake, the landscaping stake including a lower region having a tapered tip configured to be inserted into the ground, an intermediate tapered region, and an upper region comprising at least two substantially vertical tabs defining a first channel and having a plurality of horizontal grooves, the grooves being dimensioned to receive the head of a fastener and including one or more apertures being configured to receive the body of a fastener, the method comprising:

placing the lower region of the landscaping stake into a pre-selected position in the ground;

inserting one or more landscape edging boards into the first channel;

coupling a hammer cap on an upper end of the vertical tabs, the hammer cap comprising a substantially horizontal upper region and a lower region having a pair of substantially vertical legs defining a second channel, each vertical leg having a slot configured to receive a vertical tab of the stake;

providing downward pressure on the upper end of the hammer cap to drive the hammer cap, edging board, and stake into the ground; and removing the hammer cap.

The method of claim 24, further comprising coupling at least one fastener to the edging
 board by inserting the at least one fastener through the one or more apertures of the grooves.

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- 26. The method of claim 24, wherein the second channel is dimensioned such that an upper end of the channel does not contact a second portion of the edging board.
- 27. A method of installing a bender board, comprising:
- coupling a portion of a bender board to an anchoring stake; and driving the stake into the ground to a desired depth without exerting a force on the bender board.
- The method of claim 27, wherein coupling comprises placing the bender board within a first recess of the anchoring stake.
  - 29. The method of claim 27, wherein coupling comprises inserting one or more fasteners through at least one aperture of the anchoring stake.
- 15 30. The method of claim 27, further comprising placing a cap on the upper end of the anchoring stake prior to the step of driving the stake.
  - 31. The method of claim 30, further comprising removing the cap.
- 20 32. A landscape stake system, comprising:
  - a stake member having a first recess; and
  - a cap having a second recess, the cap being operably coupled to the stake wherein the first and second recess coextensively form a channel.

- 33. The landscape stake system of claim 32, wherein the stake member further comprises a pair of vertical tabs.
- 5 34. The landscape stake system of claim 33, wherein the pair of vertical tabs each comprise a plurality of horizontal grooves.
  - 35. The landscape stake system of claim 33, wherein the pair of vertical tabs each comprise one or more apertures being configured to receive a fastener.
  - 36. A stake for receiving a landscape edging board, comprising:
    a lower region configured to be inserted into the ground and including a tapered tip;
    an intermediate region comprising a tapered region; and
    an upper region having at least two substantially vertical tabs defining a channel
    dimensioned to receive a portion of the landscape edging board.
  - 37. The stake of claim 36, wherein a distance between the vertical tabs at an upper portion of the channel is smaller than a distance between the vertical tabs at a lower portion of the channel.
  - 38. The stake of claim 36, wherein the vertical tabs further comprising a plurality of substantially horizontal grooves, each horizontal groove being dimensioned to receive the head of a fastener.

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- 39. The stake of claim 36, wherein the horizontal grooves define one or more apertures, each aperture being dimensioned to receive a fastener.
- 5 40. The stake of claim 36, wherein the intermediate region further comprises an I-beam.
  - 41. The stake of claim 36, wherein the intermediate region and the lower region comprise a continuous taper.
- 10 42. The stake of claim 36, wherein the lower region further comprises one or more lateral fins.